



## OCTOBER 2025 Q3 NEWSLETTER

**Editor: Julie Colquhoun**

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### **Auxiliary Programs**

**ER Hospital Gift Shop:**

**OPEN DAILY**

**11:00 am to 3:00 pm**

**Thrift Shop: OPEN DAILY**

**Sun 11:00 am – 3:00 pm**

**Mon 10:00 am to 2:00 pm**

**Tues – Sat 10:00 am to 4:00PM**

**2811B Shaughnessy St.**

**Port Coquitlam - 604 469-3338**

**We are at 109 Volunteers this quarter. Down a bit with the students moving on to Post Secondary education.**

The Auxiliary have given over  
**\$2,173,702.02 (as of Sept 2025)** Since 1976

## General Meeting October 20, 2025



In our Fall General Meeting we presented our two new Bursaries to deserving Eagle Ridge Hospital Employees. We celebrated three Anniversaries and enjoyed reports from the Executive and tasty treats provided by our Refreshment committee consisting of Bev, Vidya and Sisley. It was great to see everyone.

## Our Bursary Winners are:

### Michaela Vancl



### Jeevan Thandi winner of the first Barbara A. Worwood memorial Bursary.



## AWARDS



**Edna Coughlan** – was presented with a 20-year pin.



**Bev Bowering** – was presented with a 5-year pin.



**Nessika Farahbakhchian** - was presented with a 5-year pin.



### Celebrating One-Year Anniversaries

Kate Altamirano

### Celebrating Two-Year Anniversaries

Sharon Anderson  
Reshma Kazi

### Celebrating Three-Year Anniversaries

Jean Gettle

### Celebrating Four-Year Anniversaries

Julie Colquhoun

## Who We Support!

We try to recycle or re-donate what we cannot sell at the Thrift Shop. Eye glasses, batteries, cell phones, textiles, electronics, books and metals are either ethically recycled or re-donated.

We also quietly pass on donations that we either cannot sell, would go into recycling or worse into the garbage.

Cindy one of our Friday morning cashiers also volunteers with The Red Cross. We pass on medical equipment such as walkers, bath stools, crutches and other medical related donations and Cindy takes them to the Red Cross.

Karen and Elton collect old sheets that are turned into bandages by volunteers and then sent to a clinic in Africa.



We are mindful that clothing recyclables generate revenue to the Auxiliary. However, in some cases individual volunteers may store out of season items that we would recycle to be passed onto homeless outreach recipients once the season comes around (warm coats). Some brands of clothing that we do not sell but are still usable are passed on to a women's shelter.

Old towels are taken to a Cat Rescue. This is by no means an exhaustive list as many ad hoc items are sent on their way to give them a second life and to support our neighbours and the community.

## Who We Are!



**Cindy Helyar – Thrift Shop Cashier**

Cindy joined us just after our Thrift shop expansion in 2023. After a career behind the scenes in the film industry and large accounting firms she's found she really enjoys being out front and engaging customer. Cindy also volunteers for the Red Cross. doing equipment intake and distribution.



## **The Ways and Means Report (formerly the Craft Report)**

This quarter has been busy as we prep for the annual craft fair. The craft fair is being held on November 13th at Eagle Ridge Hospital from 9-4. If you could help, please contact me, or stop by on the day and check us out.

We are on track with our donations of Fidget Mats and Muffs; we will be delivering our last 20 by the end of the year. That will bring this year's donated mats and muffs to 120. Well done to everyone that helped make these.

We are working on our window display themes for this up coming year, if you have any ideas or would like to help, please let me know.

We have recently moved the crafts to one area and also started regular craft sales at the store.

These seem to be going well.

We will be starting on our 50th Anniversary celebrations in January. I am looking for people to help in setting up for events / decorating etc. Please let me know if this is something you may be interested in.

Once again thank you everyone for all your help this past year.

**Pam**



## **Thrift Shop – Update**

This quarter's donations and sales have been up and down. As we move into the fall, Sales seem to be rebounding nicely with a \$1800.00-day last Thrifty Third Thursday.

We have started the work to re-organize our backroom space by adding some designated shelving on the back wall closest to the alley way. These will be for Teresa's Facebook Marketplace items. This is a start towards emptying the shelves on the opposite wall so they can be replaced with more functional shelving units. Stay tuned for more info.

The gradual integration of Poshmark items into the shop is going well, with items in the locked front cabinets selling steadily. We have over 1600 items posted on Poshmark and it will take a while to process them for sale in the store.

Pam continues to produce amazing window displays each month with positive comments from our customers. Our customers give us the highest compliment in buying everything in sight out of the front window.

**Julie and Ann – Thrift Shop Co-Managers**



## **Gift Shop – Update**

Sales are good. They have increased from \$100 a day when the shop reopened and are now at \$300+ a day. The store has Fall and Halloween items on display. On Nov 3rd we will start putting out Xmas items. We sell newspapers (2 Vancouver Sun and 2 Province). Any unsold ones go to patients, contributing to our goal toward Patient Comforts.

**Teresa Warner – Gift Shop Manager**

## **In Memoriam**



**Anne at our Christmas lunch in 2023**

**Anne Kellett –**

One of our earliest members passed away in July at the amazing age of 101.



1923 — *Anne* — 2025



### **Barbara A. Worwood**

Our president, BCAHA Regional Manager Past president, VP, and Thrift Store Manager passed away in August at the age of 70.

Barb was a huge presence in the Auxiliary and a tireless contributor in every role she performed. She was a respected leader and a cherished friend. She will be sorely missed.