



# Eagle Ridge Hospital AUXILIARY

## JUNE 2024 Q2 NEWSLETTER

### Auxiliary Address:

475 Guildford Way  
Port Moody, BC  
V3H 3W9

### NEW Executive Members:

President..... Barb Worwood  
Vice President.....Teresa Warner  
Secretary .....Ann Higgins  
Treasurer ..... David Warner  
Membership ..... Karen Gerstendorfer  
Publicity ..... Julie Colquhoun  
Past President ..... Lynda Gold

### General Meetings

September 17, 2023  
March 10, 2024 AGM  
June 09, 2024

VISIT US AT [www.erha.ca](http://www.erha.ca)

FOLLOW US ON FACEBOOK AT Eagle Ridge Hospital Auxiliary

FOLLOW US ON INSTAGRAM AT ERHATHRIFT

EMAIL [erha1976@gmail.com](mailto:erha1976@gmail.com) OR [erha1976thriftshop@gmail.com](mailto:erha1976thriftshop@gmail.com)

### Auxiliary Programs

**ER Hospital Gift Shop:** OPEN DAILY  
11:00 am – 3:00 pm

**Thrift Shop:** OPEN DAILY  
Tues – Sat 10:00 am to 4:00 pm  
Sun – Mon 10:00 am to 2:00 pm  
2811B Shaughnessy St.  
PortCoquitlam - 604 469-3338

**Volunteers:** 81 members 2022: 109 members 2024: volunteering approx. 1300 hours/month

The Auxiliary have given over  
**\$1,818,629.72** (as of April 2024) Since 1976

### Bursary Winners

I am pleased to advise you that we have three Bursary winners this year. Your Executive agreed to a third award on an exception basis to a graduating student from the Tri-Cities. You may recall that we approved funds of \$10,000 at the AGM for Bursaries. We are working on one for a mature student for \$2500 but the remaining funds were not committed. Our winners are all ERHA Volunteers and have been volunteering at the Thrift shop since 2022. We had two with the same score and one was one point higher!

Our 2024 Bursary Winners are - Angela Lu, Sahib Khangura and Yunsoo Kwon.

Angela and Yunsoo are both enrolled in the International Baccalaureate Program at Port Moody Secondary School. Sahib is at Charles Best School and has already been accepted in the Bachelor of Science program at UBC. Angela plans on becoming a Dermatologist. Yunsoo, who also volunteers at The Manor, would like to become a pediatrician. Sahib's career goal is to be a Family Physician.

I am sure you join with me in wishing these three outstanding young people a successful journey to their career goals. Congratulations Angela, Yunsoo and Sahib.

Ann  
Chair, Bursary Committee



### Bursary Winners

**Yunsoo Kwon, Angela Lu & Sahib Khangura**

### June 9 - General Meeting

We had a good turnout for our June meeting. Barb Worwood was installed as President. We welcomed the Families of our Bursary Winners and listened to great presentations by our three winners Angela, Sahib and Yunsoo.

Our new Social Committee of Bev, Kathy D., Jean G., Vidya and Sisley with some help from two hospital volunteers did an excellent job of providing and serving some awesome goodies.



## Eagle Ridge Hospital Volunteer Appreciation Event



We were provided with a lovely lunch from  
at a White Spot Food truck



In honor of Volunteer Appreciation Week Eagle Ridge Hospital had an all-day Volunteer Appreciation Day on April 20<sup>th</sup>. There was a good turn out of both Auxiliary, student and regular hospital volunteers.

The day was kicked off by Scott Brolin Executive Director of Eagle Ridge Hospital where he discussed the 10-year plan for the hospital regarding growth and expansion. A master plan for the hospital will be unveiled in Sept of this year. We also had three volunteer speakers who discussed the Patient and Family Advisory Council, patient surveys and the quality of the patient experience. The presentation also included a former volunteer at the Manor who is now entering a medical residency and Royal Columbia Hospital.

Volunteer contributions were acknowledged with many of our longstanding volunteers mentioned with 500 to 5000 hours of volunteer time.

At the end of the day, we had a presentation by Brodie Douglas, a Metis and representative of FHA Aboriginal Health where he discussed Cultural Safety and awareness.

## BCAHA Annual General Meeting and Conference in Kamloops

I had the pleasure to be one of six members of our Auxiliary to attend this year's conference.

The conference ran over three days and covered topics from employee, store and product safety to attracting volunteers and overcoming the "we've always done it this way" attitude. Beyond the excellent speakers it was a great opportunity to mingle with the over 230 participants.

We compared notes and were able to share our successes and in turn listen to new ideas.



### Celebrating Volunteer One-year Anniversaries

Tom Chisholm	June 2023
Robert Leca	June 2023
Rachel Nguyen	June 2023
Robert Singh (missed prev)	Jan 2023
Nisha Singh (missed prev)	Jan 2023

### Celebrating Volunteer Two-year Anniversaries

Denise Major	Apr 2022
Debi Phillips	May 2022
Sharon Adderly	May 2022
Sandra Andrew	May 2022
Olivia Liu	May 2022
Jane Tighe	May 2022
Sarah Youssef	May 2022
Daphne Harding	June 2022
Gada Husseini	June 2022
Yunsoo Kwon	June 2022

## Who We Support!

Its going to be a big year this year for Auxiliary donations to Eagle Ridge Hospital, with a **\$100,000** donation towards this year's wish list. Also, in partnership with The Eagle Ridge Hospital Foundation we have pledged a donation of **\$125,000** towards two Orthopedic Video Towers to be used in the OR at Eagle Ridge Hospital.

### Here is a description of the Orthopedic Video Tower – Thanks to the Foundation

The surgical suites at Eagle Ridge Hospital support nine surgical services, including orthopedics; last year alone, over 5,300 surgeries were performed. Close to 1,400 of those surgeries were orthopedic cases-of these, almost 70% would have benefited from a new Orthopedic Video Tower. A state-of-the-art Orthopedic Video Tower allows optimal visualization of the surgical field, enabling intricate and accurate surgical interventions, detailing shadows and highlights.

The tower also supports advanced instruments and equipment; allowing surgeons to offer the newest surgical techniques, giving the patient the best possible outcome to return to an active life.

Not only will this new tower positively impact patient recovery but will also optimize the efficiency of valuable OR time.



Orthopedic Video Tower

## Who We Are!



**Barb R. aka Toy Barb**

Barb worked for many years as a teacher before retiring. After retiring she volunteered at the Kelowna Auxiliary Thrift Shop for over a decade. On relocating to the Lower Mainland in 2015, she brought her wealth of experience to our Auxiliary. Initially assisting in various tasks at our Thrift Store, Barb soon focused her efforts on toys, games, puzzles, children's books, tapes, and school supplies, drawing from her specialized knowledge gained in Kelowna. She inspects these items, ensuring they are in good condition and complete with all parts. Barb also takes care to properly package children's items, utilizing "this is not a toy" inserts for plastic bagged items. Her attention to detail extends to working at home to count pieces for puzzles with fewer than 100 pieces, verifying the completeness of card decks and games, testing the functionality of pens,

pencils, and markers and ensuring electronic toys are tested.



## The Crafting Report

Our Knitters and Crafters continue to work hard making Fidget blankets and twiddle muffs for the Hospital and Manor.

We also continue to receive donations from the Five Amigos. Five lovely ladies who reside at Christmas Manor. In some cases, we provide the wool and they provide the lovely knitted or crocheted items. These include twiddle muffs, hats scarves, and blankets.

Donated crafts contributed \$2054.45 for the first four months of 2024!



**Thrift Shop – Update**  
**Proceeds this quarter - \$93,321.48**



**Gift Shop – Update**  
**Proceeds this quarter \$19,732.36**  
**With \$2054.45 in craft sales**  
**Now open Sundays!**